

# Parish of Wilmot

*February 4th, 2024*

*Fifth Sunday after the Epiphany*



## **OUR VISION STATEMENT**

The Parish of Wilmot is a strong, caring and inclusive community respectful of all.

E-mail: office@parishofwilmot.ca Office Phone: 902-825-2326

Website: www.parishofwilmot.ca Facebook: facebook.com/parishofwilmot

Priest in charge Rev. Sue Channen

<b><i>Participants</i></b>	<b><u>All Saints – 9:30 am</u></b>	<b><u>Holy Trinity – 11:00 am</u></b>
<b><i>Presider</i></b>	Bruce Robertson	Bruce Robertson
<b><i>Preacher</i></b>	Bruce Robertson	Bruce Robertson
<b><i>Greeter</i></b>	Neil McNeil	Bruce Robertson
<b><i>Licensed Lay Minister</i></b>	Sheila Hulford	Mary McBurney
<b><i>Chalice Bearer</i></b>		
<b><i>Readers</i></b>	Cheryl Van Der Pryt Lorrie Penny	David George Phil Milo
<b><i>Talliers</i></b>	Wade Seymour Neil McNeil	Grant McBurney Kathryn Hindmarsh
<b><i>Musicians</i></b>	Cheryl Van Der Pryt	Shannon Young
<b><i>Altar Guild Clean-up</i></b>	Sibella Hulford Sheila Hulford	<i>Members</i>



Hub Anthony, Rollie Arsenault; Lila Bartlett, Ron Burton; Darrell Cook, Kathy Cormier; Jean Dixon, Marie Durling; Grayson, James Greensides, Judy Hammond; Dianne LeGard; Jennifer M, Jennifer Michaud, Chris Moore, Alice Murphy; Wilma Nelson; Monique Parker, Alec Penny, Hayden Petten, Bev Poll, Stacey Porto; Louisa Robertson; Janet Trites.

*If you wish to add or remove a name from the list, please contact the parish office. Persons need not be hospitalized or ill to be in our prayers. Please make sure you have the person's permission before adding them.*

### **Diocesan Cycle of Prayer**      **Neil's Harbour, Nova Scotia**

The Rev'd Dr. Carolyn Sharp, Rector, *St. Andrew's, Neil's Harbour*  
*St. John's, Ingonish*

### **Resurrection, Sydney**

The Rev'd Peter Rafuse and Mary

The Rev'd Roslyn MacLeod, Associate Parish Priest

*Church of Christ the King, Sydney St. George's, Sydney*

*St. Bartholemew's, Louisbourg*

We pray for our prayer partner - St. Nicholas Church, Westwood Hills, Tantallon.

# *February 4<sup>th</sup> 2024*

## *Fifth Sunday after Epiphany*

### PSALM 147

\*Refrain



Praise the Lord who heals the broken-hearted.

1 Hallelujah! How good it is to sing praises to our God!

**\* how pleasant it is to honour him with praise!**

2 The Lord rebuilds Jerusalem; **\* he gathers the exiles of Israel.**

3 He heals the broken-hearted **\* and binds up their wounds.** **\*Refrain**

4 He counts the number of the stars **\* and calls them all by their names.**

5 Great is our Lord and mighty in power; **\* there is no limit to his wisdom.**

6 The Lord lifts up the lowly, **\* but casts the wicked to the ground.**

7 Sing to the Lord with thanksgiving; **\* make music to our God upon the harp.**

8 He covers the heavens with clouds **\* and prepares rain for the earth;**

9 He makes grass to grow upon the mountains

**\* and green plants to serve mankind.**

**\*Refrain**

10 He provides food for flocks and herds

**\* and for the young ravens when they cry.**

11 He is not impressed by the might of a horse,

**\* he has no pleasure in the strength of a man;**

12 But the Lord has pleasure in those who fear him,

**\* in those who await his gracious favour.**

21 He has not done so to any other nation;

**\* to them he has not revealed his judgements. Hallelujah!**

## **A READING FROM THE BOOK OF ISAIAH**

**40:21-31**

Do you not know? Have you not heard? Has it not been told you from the beginning? Have you not understood since the earth was founded?

<sup>22</sup> He sits enthroned above the circle of the earth, and its people are like grasshoppers. He stretches out the heavens like a canopy, and spreads them out like a tent to live in. <sup>23</sup> He brings princes to naught and reduces the rulers of this world to nothing. <sup>24</sup> No sooner are they planted, no sooner are they sown, no sooner do they take root in the ground, than he blows on them and they wither, and a whirlwind sweeps them away like chaff.

<sup>25</sup> "To whom will you compare me? Or who is my equal?" says the Holy One.

<sup>26</sup> Lift up your eyes and look to the heavens: Who created all these? He who brings out the starry host one by one and calls forth each of them by name. Because of his great power and mighty strength, not one of them is missing.

<sup>27</sup> Why do you complain, Jacob? Why do you say, Israel, "My way is hidden from the LORD; my cause is disregarded by my God"?

<sup>28</sup> Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. <sup>29</sup> He gives strength to the weary and increases the power of the weak. <sup>30</sup> Even youths grow tired and weary, and young men stumble and fall; <sup>31</sup> but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Hear what the Spirit is saying to the church. **Thanks be to God**

## A READING FROM 1 CORINTHIANS

9:16-23

<sup>6</sup> For when I preach the gospel, I cannot boast, since I am compelled to preach. Woe to me if I do not preach the gospel! <sup>17</sup> If I preach voluntarily, I have a reward; if not voluntarily, I am simply discharging the trust committed to me. <sup>18</sup> What then is my reward? Just this: that in preaching the gospel I may offer it free of charge, and so not make full use of my rights as a preacher of the gospel. <sup>19</sup> Though I am free and belong to no one, I have made myself a slave to everyone, to win as many as possible. <sup>20</sup> To the Jews I became like a Jew, to win the Jews. To those under the law I became like one under the law (though I myself am not under the law), so as to win those under the law. <sup>21</sup> To those not having the law I became like one not having the law (though I am not free from God's law but am under Christ's law), so as to win those not having the law. <sup>22</sup> To the weak I became weak, to win the weak. I have become all things to all people so that by all possible means I might save some. <sup>23</sup> I do all this for the sake of the gospel, that I may share in its blessings.

Hear what the Spirit is saying to the church.      **Thanks be to God.**

## THE HOLY GOSPEL

MARK 1:29-39

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Jesus Christ.**

<sup>29</sup> As soon as they left the synagogue, they went with James and John to the home of Simon and Andrew. <sup>30</sup> Simon's mother-in-law was in bed with a fever, and they immediately told Jesus about her. <sup>31</sup> So he went to her, took her hand and helped her up. The fever left her and she began to wait on them.

<sup>32</sup> That evening after sunset the people brought to Jesus all the sick and demon-possessed. <sup>33</sup> The whole town gathered at the door, <sup>34</sup> and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was.

<sup>35</sup> Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. <sup>36</sup> Simon and his companions went to look for him, <sup>37</sup> and when they found him, they exclaimed: "Everyone is looking for you!"

<sup>38</sup> Jesus replied, "Let us go somewhere else—to the nearby villages—so I can preach there also. That is why I have come." <sup>39</sup> So he traveled throughout Galilee, preaching in their synagogues and driving out demons.

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

## COLLECT

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

## ANNOUNCEMENTS

The bulletin for the upcoming Sunday is posted to the church website Friday afternoon.

**Office Hours:** The office will be **NOT** be open this Friday February 2nd  
Bulletin announcements can be sent to Parish Administrator, Nancy Armstrong at  
[administrator@parishofwilmot.ca](mailto:administrator@parishofwilmot.ca)

### **Holy Trinity Yard Sale**

There will be a yard sale hopefully the first weekend in May. You can start bringing items anytime and put them on the counter by the outside door at the back of the kitchen. NO clothing or shoes, sports equipment or electronics.



### **All Saints Little Church**

Don't forget the All Saints Little Church:  
it's always looking to collect your spare change.  
Money collected will go into the General Fund

**The Parish Breakfast**, in compliance with the Health Authority of Nova Scotia, has been changed to 6 breakfasts in a year.: the amount allowed for a volunteer organization. Therefore, the breakfasts will remain on the second Saturday of the following months: February, March, April, September, October, and November. So, the next one will remain on Saturday, February 10th from 8:00-10:00am. Again, it will be a "Free Will Offering". The last one was a great success and one which we can build on. We had a great team from All Saints and Holy Trinity and anyone else who would want to jump in will be more than welcome. Please feel free to call or contact John MacEachern at 902-363-2180 or [johnmaceachern2@gmail.com](mailto:johnmaceachern2@gmail.com) for further information.

### **ANNUAL GENERAL MEETINGS**

Holy Trinity AGM February 11<sup>th</sup> . Sandwiches and sweets after the meeting.

All Saints AGM February 18<sup>th</sup>

Parish AGM February 25<sup>th</sup>. Joint service 10 am. Sandwiches and sweets. after the AGM.

### **2023 REPORTS FOR AG MEETINGS**

If you have any questions regarding the content of any reports please contact the provider in advance of the meeting so they can prepare/research your question for the meeting.

**Please bring your report to the AGM meeting as additional copies may not be available.**

## **12 Baskets Foodbank**



## **Kingston Lions Club Monthly Breakfasts**

We have made it affordable to families as well with pricing for children under 12 yrs of age at \$6 and those under 5 years of age are free.

Next one is Saturday February 10<sup>th</sup> 8 am till 10 am